First Name:_____ Last Name:_____

HMIS Client ID:_____

Project Name:

SPDAT Assessment Date:_____

Please use the prompts to obtain a score for each section:

А.	Mental Health & Wellness & Cognitive Functioning	
	Prompts:	Notes:
	 Have you ever received any help with your mental wellness? 	
	• Do you feel that you are getting all the help you need with your mental health or	
	stress?	
	• Has a doctor ever prescribed you pills for nerves, anxiety, depression or	
	anything like that?	
	• Have you ever gone to an emergency room or stayed in a hospital because you weren't feeling 100%emotionally?	
	• Do you have trouble learning or paying attention?	
	• Have you had any testing done to identify learning disabilities?	
	• Do you know if, when pregnant with you, your mother did anything that we now know could have negative effects on the baby?	
	• Have you ever hurt your brain or head?	
	• Do you have any documents or papers about your mental health or brain	
	functioning?	
	• Are there other professionals we could speak with that have knowledge of your mental health?	
Ass	essment Level (Check only ONE box):	
	<u>Any</u> of the following:	
	• Serious and persistent mental illness (2+ hospitalizations in a mental heal	
	 ward in the past 2 years) <u>and</u> not in a heightened state of recovery curren Major barriers to performing tasks and functions of daily living or communications. 	
	 Major barriers to performing tasks and functions of daily living or community brain injury, learning disability or developmental disability 	uncaring intent because of a
	Any of the following:	
	 Heightened concerns about state of mental health, but fewer than 2 hospit 	talizations and/or without
-	knowledge of presence of a diagnosable mental health condition;	anzations, and/or without
	 Diminished ability to perform tasks and functions of daily living or common comm	nunicating intent because of a
	brain injury, learning disability or developmental disability	
	While there may be concern for overall mental health or mild impairments to perf	orming tasks and functions of
	daily living or communicating intent, <u>all</u> of the following are true:	
	• No major concerns about safety or ability to be housed without intensive	supports to assist with
_	mental health or cognitive functioning;	
	• No major concerns for the health and safety of others because of mental	health or cognitive
	functioning ability;	
	• No compelling reason for screening by an expert in mental health or cog	nitive functioning prior to
	housing to fully understand capacity	
	In a heightened state of recovery, has a Wellness Recovery Action Plan (WRAP)	
	wellness, understands symptoms and strategies for coping with them, <u>and</u> is engaged	ged with mental health
	supports as necessary.	
	No mental health or cognitive functioning issues disclosed, suspected or observed	

	Physical Health & Wellness	Notes:	
	Prompts:		
	How is your health?		
	Are you getting any help with your health? How often?		
	Do you feel you're getting all the care you need for your health? Any illnesses like diabetes, HIV, Hep C, or anything like that going on?		
	Ever had a doctor tell you that you have problems with blood pressure or		
•	heart or lungs or anything like that?		
	When was the last time you saw a doctor? What was that for?		
	Do you have a clinic or doctor that you usually go to?		
•	Anything going on right now with your health that you think would		
	prevent you from living a full, happy, healthy life?		
•	Do you have any documents or papers about your health or past stays in hospital because of your health?		
•	Are there other professionals we could speak with that have knowledge of your health?		
Asse	ssment Level (Check only ONE box):		
	Any of the following:		
	Co-occurring chronic health conditions;		
	• Attempting a treatment protocol for a chronic health condition, bu	it the treatment is not improving	
	health;		
	Palliative health condition		
	Presence of a health issue with any of the following:		
	• Not connected with professional resources to assist with a real or	perceived serious health issue, by	
	choice;		
	Single chronic or serious health concern but does not connect with	*	
	insufficient community resources (e.g. lack of availability or affor	÷ /	
	• Unable to follow the treatment plan as a direct result of homeless	status	
	Presence of a relatively minor physical health issue, which is managed and/	or cared for with appropriate	
	professional resources or through informed self-care;	er enten for min appropriate	
	Presence of a physical health issue, for which appropriate treatment protocols are followed but there is still a		
	moderate impact on their daily living		
	Single chronic or serious health condition, but <u>all</u> of the following are true:		
	• Able to manage the health issue and live a relatively active and he	ealthy life;	
	• Connected to appropriate health supports;	1. J. 1. A. A.	
	• Educated and informed on how to manage the health issue, take n condition, and consistently follow these requirements	nedication as necessary related to the	
	No serious or chronic health condition disclosed, observed, or suspected;		
	If any minor health condition, they are managed appropriately		

-	<u>Medication</u> Prompts:	Notes:
	Have you recently been prescribed any medications by a health care	
	professional?	
	Do you take any medication prescribed to you by a doctor? Have you ever sold some or all of your prescription?	
	Have you ever sold some of all of your prescription: Have you ever had a doctor prescribe you a medication that you didn't	
	have filled or didn't take?	
•	Were any of your medications changed in the last month? If yes: How	
	did that make you feel?	
	Do other people ever steal your medications? Do you ever share your medications with other people?	
	How do you store your medication and make sure you take the right	
	medication at the right time each day?	
•	What do you do if you realize you have forgotten to take your	
	medication?	
	Do you have any papers or documents about the medications you take?	
Asse	ssment Level (Check only ONE box):	
	<u>Any</u> of the following:	
	• In the past 30 days, started taking a prescription which is having a	iny negative impact on day to day
	 living, socialization or mood; Shares or sells prescription, but keeps less than is sold or shared; 	
	 Regularly misuses medication (e.g. frequently forgets; often takes 	the wrong dosage: uses some or all
	of medication to get high);	the wrong assuge, uses some of an
	• Has had a medication prescribed in the last 90 days that remains u	infilled, for any reason
	Any of the following:	
	• In the past 30 days, started taking a prescription which is not havi	ng any negative impact on day to
	day living, socialization or mood;	
	 Shares or sells prescription, but keeps more than is sold or shared Beguing intensive aggistence to more an take mediation (a g 	
	 Requires intensive assistance to manage or take medication (e.g., working with pharmacist to blister-pack; adapting the living envir 	
	taking medications at the right time for the right purpose, like kee	
	bedside table and morning medications by the coffeemaker);	
	• Medications are stored and distributed by a third-party	
	Any of the following:	
	• Fails to take medication at the appropriate time or appropriate dos	
	 Self-manages medications except for requiring reminders or assist 	·
	• Successfully self-managing medication for fewer than 30 consecu	tive days
	Successfully self-managing medications for more than 30, but less than 180	, consecutive days
	<u>Any</u> of the following:	
	• No medication prescribed to them;	
_	• Successfully self-managing medication for 181+ consecutive days	5

Substance Use	Notes:
Prompts:	
• When was the last time you had a drink or used drugs?	
• <i>Is there anything we should keep in mind related to drugs or alcohol?</i>	
• (If they disclose use of drugs and/or alcohol) How often would you say your use (specific substance) in a week?	
• Ever have a doctor tell you that your health may be at risk because you	
drink or use drugs?	
• Have you engaged with anyone professionally related to your substance use that we can speak with?	
• Ever get into fights, fall down and bang your head or pass out when drinking or using other drugs?	
• <i>Have you ever used drugs or alcohol in a way that may be considered less than safe?</i>	
• Do you ever end up doing things you later regret after you have gotten really hammered?	
• Do you ever drink mouthwash or cooking wine or hand sanitizer or anything like that?	

**Note: Consumption thresholds: 2 drinks per day or 14 total drinks in any one week period for men; 2 drinks per day or 9 total drinks in any one week period for women.

Asse	ssessment Level (Check only ONE box):	
	 In a life-threatening health situation as a direct result of substance use, <u>or</u>, In the past 30 days, <u>any</u> of the following are true: Substance use is almost daily (21+ times) <u>and</u> often to the point of complete inebriation; Binge drinking, non-beverage alcohol use, or inhalant use 4+ times; Substance use resulting in passing out 2+ times 	
	 Experiencing serious health impacts as a direct result of substance use, though not (yet) in a life-threatening position as a result, or In the past 30 days, any of the following are true: Drug use reached the point of complete inebriation 12+ times; Alcohol use usually exceeded the consumption thresholds (at least 5+ times), but usually not to the point of complete inebriation; Binge drinking, non-beverage alcohol use, or inhalant use occurred 1-3 times 	
	 In the past 30 days, <u>any</u> of the following are true: Drug use reached the point of complete inebriation fewer than 12 times; Alcohol use exceeded the consumption thresholds fewer than 5 times 	
	In the past 365 days, no alcohol use beyond consumption thresholds, <u>or</u> If making claims to sobriety, no substance use in the past 30 days	
	In the past 365 days, no substance use	

E. <u>I</u>	Experience of Abuse & Trauma	Notes:
appr	void re-traumatizing the individual, ask selected coved questions as written. Do not probe for details of trauma/abuse. This section is entirely self-reported.	
•	 Prompts: "I don't need you to go into details, but has there been any point in your life where you experienced emotional, physical, sexual or psychological abuse?" "Are you currently or have you ever received professional assistance to address that abuse?" "Does the experience of abuse or trauma impact your day to day living in any way?" "Does the experience of abuse or trauma impact your ability to hold down a job, maintain housing, or engage in meaningful relationships with friends or family?" "Have you ever found yourself feeling or acting in a certain way that you think is caused by a history of abuse or trauma?" 	
	essment Level (Check only ONE box): A reported experience of abuse or trauma, believed to be a dir	ect cause of their homelessness.
	The experience of abuse or trauma is not believed to be a dire (experienced before, during, or after homelessness) is impacti homelessness	ct cause of homelessness, but abuse or trauma
	 <u>Any</u> of the following: A reported experience of abuse or trauma, but is not to get out of homelessness; Engaged in therapeutic attempts at recovery, but doe 	
	A reported experience of abuse or trauma, and considers self t	to be recovered
	No reported experience of abuse or trauma	

	Risk of Harm to Self or Others	Notes:
	Prompts:	
	• Do you have any thoughts about hurting yourself or anyone else? Have you ever acted on these thoughts? When was the last time?	
 What was occurring when you had these feelings or took these actions? 		
•	Have you ever received any professional help, including a stay at a hospital, as a result of thinking about or attempting to hurt yourself or others? How long ago was that? Does that happen often?	
•	• Have you recently left a situation you felt was abusive or unsafe? How long ago was that?	
•	Have you been in any fights recently, whether you started it or someone else did? How long ago was that? How often to you get into fights?	
Ass	essment Level (Check only ONE box):	
	 <u>Any</u> of the following: In the past 90 days, left an abusive situation; In the past 30 days, attempted, threatened, or actuall In the past 30 days, involved in a physical altercation 	-
	 <u>Any</u> of the following: In the past 180 days, left an abusive situation, but no Most recently attempted, threatened, or actually harn past 30 days; In the past 365 days, involved in a physical altercation days 	med self or others in the past 180 days but not in the
_	 <u>Any</u> of the following: In the past 365 days, left an abusive situation, but no Most recently attempted, threatened, or actually han the past 180 days; 366+ days ago, 4+ involvements in physical altercat 	med self or others in the past 365 days, but not in
	366+ days ago, 1-3 involvements in physical altercations	
	Reports no instance of harming self, being harmed, or harming	g others

	nvolvement in Higher Risk and/or Exploitive Situations	Notes:
•	 Prompts: (Observe Only – Do Not Ask): Any abscesses or track marks from injection substance use? Does anyone force or trick you to do things you don't want to do? Do you ever do stuff that could be considered dangerous like drinking until you pass out outside, or delivering drugs for someone, or having sex without a condom with a casual partner, or anything like that? Do you ever find yourself in a situation that may be considered a high 	
•	risk for violence? Do you ever sleep outside? How do you dress and prepare for that? Where do you tend to sleep?	
Asse	ssment Level (Check only ONE box):	
	 <u>Any</u> of the following: In the past 180 days, engaged in 10+ higher risk and/or exploitive In the past 90 days, left an abusive situation 	e events;
	 Any of the following: In the past 180 days, engaged in 4-9 higher risk and/or exploitive In the past 180 days, left an abusive situation, but not in the past 	
	 <u>Any</u> of the following: In the past 180 days, engaged in 1-3 higher risk and/or exploitive 181+ days ago, left an abusive situation 	events;
	Any involvement in higher risk and/or exploitive situations occurred more days ago	than 180 days ago but less than 365
	In the past 365 days, no involvement in higher risk and/or exploitive events	3

H. Interaction with Emergency Services	Notes:
Prompts:	
 How often do you go to emergency rooms? 	
• How many times have you had the police speak to you over the past 180 days?	
 Have you used an ambulance or needed the fire department at any time over the past 180 days? 	
 How many times have you called or visited a crisis team or a crisis counselor in the past 180 days? 	
• How many times have you been admitted to a hospital in the last 180 days? How long did you stay?	

*Note: Emergency service use includes: admittance to emergency room/department; hospitalizations; trips to a hospital in an ambulance; crisis service, distress centers, suicide prevention service, sexual assault crisis service, sex worker crisis service, or similar service; interactions with police for the purpose of law enforcement; interactions with fire service in emergency situations.

Asse	Assessment Level (Check only ONE box):	
	In the past 180 days, cumulative total of 10+ interactions with emergency services	
	□ In the past 180 days, cumulative total of 4-9 interactions with emergency services	
	In the past 180 days, cumulative total of 1-3 interactions with emergency services	
	Any interaction with emergency services occurred more than 180 days ago but less than 365 days ago	
	In the past 365 days, no interaction with emergency services	

I. <u>L</u>	egal	Notes:
1	Prompts:	
	Do you have any legal stuff going on?	
	Have you had a lawyer assigned to you by a court?	
•	Do you have any upcoming court dates? Do you think there's a chance	
	you will do time?	
•	Any involvement with family court or child custody matters?	
•	Any outstanding fines?	
•	Have you paid any fines in the last 12 months for anything?	
•	Have you done any community service in the last 12 months?	
•	Is anyone expecting you to do any community service for anything right	
	now?	
•	Did you have any legal stuff in the last year that got dismissed?	
	Is your housing at risk in any way right now because of legal issues?	
Asse	ssment Level (Check only ONE box):	
	Any of the following are true:	
	• Current outstanding legal issue(s), likely to result in fines of \$500)+;
	• Current outstanding legal issue(s), likely to result in incarceration	of 3+ months (cumulatively),
	inclusive of any time held on remand	
	<u>Any</u> of the following:	
	• Current outstanding legal issue(s), likely to result in fines less that	
	• Current outstanding legal issue(s), likely to result in incarceration	of less than 90 days (cumulatively),
	inclusive of any time held on remand	
	Any of the following:	
	• In the past 365 days, relatively minor legal issue has occurred and	a was resolved through community
	service or payment of fine(s);	
	• Currently outstanding relatively minor legal issue that is unlikely	to result in incarceration (but may
	result in community service)	
	There are no surrent level issues, and any level issues that have historically	a a a sum ad have have magalyed with sut
	There are no current legal issues, and any legal issues that have historically community service, payment of fine, or incarceration	occurred nave been resolved without
	community service, payment of fine, or incarceration	
	No legal issues within the past 365 days, and currently no conditions of rele	2252
	i to legal issues within the past 505 days, <u>and</u> currently no conditions of fer	
L		

J. <u>Managing Tenancy</u>	Notes:	
Prompts:		
• Are you currently homeless?		
• (If the client is housed) Do you have an eviction notice?		
• (If the client is housed) Do you think your housing is at risk?		
• How is your relationship with your neighbors?		
• How do you normally get along with landlords?		
• How have you been doing with taking care of your place?		

*Note: Housing matters include: conflict with landlord and/or neighbors, damages to the unit, payment of rent on time and in full. Payment of rent through a third party is <u>not</u> considered to be a short-coming or deficiency in the ability to pay rent.

Assessment Level (Check only ONE box):		
	 <u>Anv</u> of the following: Currently homeless; In the next 30 days, will be re-housed or return to homelessness; In the past 365 days, was re-housed 6+ times; In the past 90 days, support worker(s) have been cumulatively involved 10+ times with housing matters 	
	 <u>Any</u> of the following: In the next 60 days, will be re-housed or return to homelessness, but not in next 30 days; In the past 365 days, was re-housed 3-5 times; In the past 90 days, support worker(s) have been cumulatively involved 4-9 times with housing matter 	
	 <u>Any</u> of the following are true: In the past 365 days, was re-housed 2 times; In the past 180 days, was re-housed 1+ times, but not in the past 60 days; Continuously housed for at least 90 days but not more than 180 days; In the past 90 days, support worker(s) have been cumulatively involved 1-3 times with housing matters 	
	 <u>Any</u> of the following: In the past 365 days, was re-housed 1 time; Continuously housed, with no assistance with housing matters, for at least 180 days but not more than 365 days 	
	Continuously housed, with no assistance with housing matters, for at least 365 days	

	Personal Administration & Money Management	Notes:
•	Prompts: How are you with taking care of money?How are you with paying bills on time and taking care of other financialstuff?Do you have any street debts?Do you have any drug or gambling debts?Is there anyone who thinks you owe them money?Do you budget every single month for every single thing that you need?Including cigarettes? Alcohol? Drugs?Do you try to pay your rent before paying for anything else?Are you behind in any payments like child support or student loans oranything like that?	
Asse	ssment Level (Check only ONE box):	
	 <u>Any</u> of the following: Cannot create or follow a budget, regardless of supports provided Does not comprehend financial obligations; Does not have an income (including formal and informal sources Not aware of the full amount spent on substances, if they use sub Substantial real or perceived debts of \$1,000+, past due or require); stances;
	 <u>Any</u> of the following: Requires intensive assistance to create and manage a budget (including any legally mandated guardian/trustee that provides assistance or manages access to money); Only understands their financial obligations with the assistance of a 3rd party; Not budgeting for substance use, if they are a substance user; Real or perceived debts of \$999 or less, past due or requiring monthly payments 	
	 <u>Any</u> of the following are true: In the past 365 days, source of income has changed 2+ times; Budgeting to the best of ability (including formal and informal sources), but still short of money every month for essential needs; Voluntarily receives assistance creating and managing a budget or restricts access to their own money (e.g. guardian/trusteeship); Has been self-managing financial resources and taking care of associated administrative tasks for less than 90 days 	
	Has been self-managing financial resources and taking care of associated ad days, but for less than 180 days	dministrative tasks for at least 90
	Has been self-managing financial resources and taking care of associated ad days	lministrative tasks for at least 180

T	Social Relationships & Networks	Notes:
•	 Prompts: Tell me about your friends, family or other people in your life? How often do you get together or chat? When you go to a doctor's appointment or meet with other professionals like that, what is that like? Are there any of your close friends that you feel are always asking you for money, drugs, smokes, food or anything like that? Are there any people in your life that you feel are just using you? Have you ever had people crash at your place that you did not want staying there? Have you ever been threatened with eviction or lost a place because of something that friends or family did in your apartment? Have you ever been concerned about not following your lease agreement because of your friends or family? 	
Asse	ssment Level (Check only ONE box):	
	 <u>Any</u> of the following: In the past 90 days, left an exploitive, abusive or dependent relati Friends, family or other people are placing security of housing at wellness, or safety; No friends or family and demonstrates no ability to follow social Currently homeless and would classify most of friends and family 	imminent risk, or impacting life, norms;
	 <u>Any</u> of the following: In the past 90 -180 days, left an exploitive, abusive or dependent relationship; Friends, family, or other people are having some negative consequences on wellness or housing stability No friends or family but demonstrating ability to follow social norms; Meeting new people with an intention of forming friendships; Reconnecting with previous friends or family members, but experiencing difficulty advancing the relationship; Currently homeless, and would classify some of friends and family as being housed, while others are homeless 	
	 <u>Any</u> of the following are true: More than 180 days ago, left an exploitive, abusive or dependent relationship; Developing relationships with new people but not yet fully trusting them; Currently homeless, and would classify friends and family as being housed 	
	Has been housed for less than 180 days, <u>and</u> is engaged with friends or family, who are having no negative consequences on the individual's housing stability	
	Has been housed for at least 180 days, <u>and</u> is engaged with friends or family, who are having no negative consequences on the individual's housing stability	

M. 5	Self-Care & Daily Living Skills	Notes:
	 Self-Care & Daily Living Skills Prompts: Do you have any worries about taking care of yourself? Do you have any concerns about cooking, cleaning, laundry or anything like that? Do you know how to shop for nutritious food on a budget? Describe your last apartment Do you ever need reminders to do things like shower or clean up? Do you know how to make lost cost meals that result in leftovers to freeze or save for another day? Do you tend to keep all of your clothes clean? Have you ever had a problem with mice or other bugs like cockroaches as a result of a dirty apartment? When you have had a place where you have made a meal, do you tend to clean up dishes and the like before they get crusty? 	<u>Notes:</u>
Asse	essment Level (Check only ONE box):	
	 <u>Any</u> of the following: No insight into how to care for themselves, their apartment or their surroundings; Currently homeless and relies upon others to meet basic needs (e.g. access to shelter, showers, toilet, laundry, food, and/or clothing) on an almost daily basis; Engaged in hoarding or collecting behavior and is not aware that it is an issue in her/his life 	
	 <u>Any</u> of the following: Has insight into some areas of how to care for themselves, their apartment or their surroundings, but misses other areas because of lack of insight; In the past 180 days, relied upon others to meet basic needs (e.g. access to shelter, showers, toilet, laundry, food, and/or clothing), 14+ days in any 30-day period; Engaged in hoarding or collecting behavior and is aware that it is an issue in her/his life 	
	 Any of the following: Fully aware and has insight in all that is required to take care of themselves, their apartment and their surroundings, but has not yet mastered the skills or time management to fully execute this on a regular basis; In the past 180 days, relied upon others to meet basic needs (e.g. access to shelter, showers, toilet, laundry, food, and/or clothing), fewer than 14 days in every 30-day period 	
	In the past 365 days, accessed community resources 4 or fewer times, and is needs	s fully taking care of all their daily
	For the past 365+ days, fully taking care of all their daily needs independent	tly

-	<u>Meaningful Daily Activity</u> Prompts:	<u>Notes:</u>	
• <i>How do you spend your day?</i>			
	• How do you spend your free time?		
•	• Does that make you feel happy/fulfilled?		
•	 How many days a week would you say you have things to do that make you feel happy/fulfilled? 		
•	• How much time in a week would you say you are totally bored?		
•	• When you wake up in the morning, do you tend to have an idea of what you plan to do that day?		
•	• How much time in a week would you say you spend doing stuff to fill up the time rather than doing things that you love?		
•	 Are there any things that get in the way of you doing the sorts of activities you would like to be doing? 		
Assessment Level (Check only ONE box):			
	No planned, legal activities described as providing fulfillment or happiness		
	Discussing, exploring, signing up for and/or preparing for new activities or to re-engage with planned, legal activities that used to provide fulfillment or happiness		
	Attempting new or re-engaging with planned, legal activities that used to provide fulfillment or happiness, but uncertain that activities selected are currently providing fulfillment or happiness, <u>or</u> the individual is not fully committed to continuing the activities		
	Has planned, legal activities described as providing fulfillment or happiness, 1-3 days per week		
	Has planned, legal activities described as providing fulfillment or happiness, 4+ days per week		

	History of Homelessness & Housing Prompts:	Notes:	
•	 How long have you been homeless? How many times have you been homeless in their life other than this most recent time? 		
•	Have you spent any time sleeping on a friend's couch or floor? And if so, during those times did you consider that to be your permanent address?		
•	Have you ever spent time sleeping in a car, alleyway, garage, barn, bus shelter or anything like that?		
	• Have you ever spent time sleeping in an abandoned building?		
	Were you ever in hospital or jail for a period of time where you didn't have a permanent address to go to when you got out?		
Asses	Assessment Level (Check only ONE box):		
	Over the past 10 years, cumulative total of 5+ years of homelessness		
	Over the past 10 years, cumulative total of 2+ years but fewer than 5 years of homelessness		
	Over the past 4 years, cumulative total of 30+ days but fewer than 2 years of homelessness		
	Over the past 4 years, cumulative total of 7+ days but fewer than 30 days of homelessness		
	Over the past 4 years, cumulative total of 7 or fewer days of homelessness		